

# Ridgewood Parks and Recreation Dept.

Tel: 201-670-5560

# American Red Cross



## Winter/Spring 2010

The Ridgewood Parks and Recreation Department and the Bergen-Hudson Chapter of the American Red Cross have joined services to provide the following certified programs:

### Basic Aid Training (BAT)

(6 hour course)

Registration \$50.00

8-10 year olds

Wednesday, February 17<sup>th</sup> ~ 8:30 am to 3:30 pm

or Thursday, April 8<sup>th</sup> ~ 8:30 am to 3:30 pm

The Community Center, Senior Lounge, Village Hall, 131 N. Maple Ave.

(bring a bag lunch)

An introduction to the emergency action steps, Check, Call, and Care, as well as basic first aid procedures. Children become certified in learning how to prevent injuries and what to do in an emergency.

### Babysitter's Training

(6 hour course)

Registration \$ 95.00

11-15 year olds

Thursday, February 18<sup>th</sup> ~ 8:30 am to 3:30 pm

Saturday, March 13<sup>th</sup> ~ 8:30 am to 3:30 pm

or Wednesday, April 7<sup>th</sup>, 8:30 to 3:30

The Community Center, Senior Lounge, Village Hall, 131 N. Maple

(bring a bag lunch)

The Babysitter's Training certification course helps identify safety problems and provides a meaningful classroom experience to include the following:

- Interviewing for a babysitting job
- Choosing safe and age-appropriate toys and games
- Performing first aid
- Learning diapering and feeding techniques
- Handling bedtime issues
- Tips for having a safe babysitting experience

PROGRAM REGISTRATION – In person, by mail, or online at [www.ridgewoodsports.org](http://www.ridgewoodsports.org)

*Checks should be made payable to RIDGEWOOD PARKS & RECREATION*

*The Stable, 259 North Maple Ave., Ridgewood, NJ 07450 Tel: 201-670-5560*

Name \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_ Emergency Telephone \_\_\_\_\_

Age \_\_\_\_\_ Grade \_\_\_\_\_

Program	Basic Aid Training	Feb 17 <sup>th</sup> _____	April 8 <sup>th</sup> _____
	Babysitter's Training	Feb 18 <sup>th</sup> _____	March 13 <sup>th</sup> _____ April 7 <sup>th</sup> _____

I, the parent of the above named youth hereby give my permission to participate in any and all Village approved Recreation activities. I assume all risks and hazards incidental to such participation. I hereby waive, release, absolve, indemnify and agree to hold harmless the organizers, sponsors, supervisors, and persons involved in the activities for any claim arising out of an injury to my/our child, whether the result of negligence or for any other cause, except to the extent and in the amount covered by accident insurance.

Parent's Signature \_\_\_\_\_